

Enriched Living!

April 2010

April Special Events


- 2nd Good Friday Service** ~ 2:30 Sullivan Theater / Our Bell Choir will perform, a message from Rev. Mike Hilty & Dr. Herb Anderson. After the service mingle and enjoy refreshments!
- 4th Happy Easter!** ~ Sunrise Service @ 6:50 am with a few of our choir members to sing. ...(coffee & cinnamon roll at 6:30 am) Easter Brunch from 10-3, featuring pianist Linda Smith 12:30-1:30. Bring your families & friends to come celebrate!
- 6th Make Potpourri** ~ 1:30-2:30 Assisted Living / Come make a sweet scented sachet as a gift or for your dresser or closet! It always lifts our spirits to smell something good! (sign-up)
- 6th Photo Journaling** ~ 2:30-3:30 Life Enrichment, every Tuesday / This is a fun project for all budding photographers, and you don't need a camera. Led by professional photographer David Burch.
- 7th Salt Grotto + Lovejoy Bakery** ~ Bus boards at 1:15 / This is the first salt cave on the west coast, come experience the healing properties of the salt! Halotherapy alleviates many ailments such as skin problems, breathing issues, clears bacteria, stress, exhaustion & cardiovascular ect. Afterwards stop by a new bakery for fresh pastries to bring home! (sign-up)
- 8th Company Performance 3:00 Town Hall 3:30** ~ Sullivan Theater / Smile as we are entertained by Lakeridge "Company" singing & dance group! Town Hall at 3:30 and Tom Wentz from Oregon Symphony to highlight next 2010-11 concerts.
- 10th Piano Concert featuring Roslana Lazar & Kamelia Dimitroff** ~ Bus boards at 6:15 / Roslana has invited us to her concert at Oswego Pointe, there will also be art to view. (sign-up)
- 12th Poetry & Readings** ~ 4:00 Sullivan Theater/ Theme is "Memories of Youth". We all have special memories to share and hope you will come listen or participate in this wonderful gathering! Hosted by Betty Lu Anderson.
- 13th Fenwick Hearing Clinic** ~ 10-2 Chapel / Complimentary clinic by appointment. (sign-up)
- 14th Columbia Gorge Hotel for lunch** ~ Bus boards at 11:00 / This is a restored historical hotel on the beautiful Columbia Gorge River. (sign-up)
- 19th MelloMac Choir Concert** ~ 7:00 Sullivan Theater / Multnomah Athletic Club has a fabulous choir you won't want to miss! Afterwards mingle with the choir with coffee & cookies. (sign-up)
- 21st The Perfume House** ~ Bus boards at 1:15 / Perfumer Chris Tsefalas will be giving our private showing & presentation. After 40 years of study & training Chris was anointed as one of the world's 200 "Nose's"! If you have a very special or hard to find fragrance there is a good chance they may have it. (sign-up)
- 28th The Oak Tree for breakfast + Hulga Klager Lilac Garden** ~ Bus boards at 9:30/ Oak Tree has been a destination point for hungry travelers and a fixture along I-5 for decades! After breakfast we will take a 10 min. ride to the lilac gardens...you can purchase a wonderful fragrant bush for your deck or patio! (sign-up)
- 30th Fondue Night and Artist Reception** ~ 4:30-5:30 lobby area / This is a fabulous monthly activity to partake in, enjoy a glass of wine and stroll the hall to view new art. Dinner theme will be "Fondue"!

Creative Writing Thursday's 11-12

If you like to write or have always wanted to....this is the class for you! Don't be shy, this is a great time to explore your thoughts, memories and dreams! Be inspired!

Published by Carey Dienhart
Director of Life Enrichment 503-496-



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p>Don't forget to check the back page of the Calendar for further details.</p>	<ul style="list-style-type: none"> *1 Sullivan Theater *2 Life Enrichment *3 Lounge *4 Library *5 Vitality *6 Mail Room *7 Dining Room *8 Chapel *9 Club Lounge 	<p>Happy Birthday!</p> <p>Kazie Yaguchi 4/8 Nob Takashima 4/10 Jack Pelton 4/23 Ted Waller 4/25 Delores Porter 4/26</p>		<p>1</p> <p>No Group Training Class *1 11-12 Creative Writing *2 12:45-1:30 Tai Chi *1 1:00 Open Bridge 7:00 Cookies & Milk by the fire 7:00 Musical Theater Thursday *1</p>	<p>2</p> <p>Good Friday</p> <p>10-10:30 Stretch Class*1 10:30-1:00 Chair Massage (sign-up) 11-3 Bruttles Gourmet Candies-lobby 11-1 Watercolor Class *2 2:30 Good Friday Service *1 7:00 Movie *1</p>	<p>3</p> <p>10-2 Saturday Brunch *7 10:00 Game of Pool *9 10-11 "Safe on Your Feet" *1 2:00 Movie & Popcorn *1 3:00 Tea & Crumpets *4</p>
<p>Happy Easter! 4</p> <p>6:50AM Easter Sunrise Service-Patio (coffee & cinnamon rolls 6:30 am) 9:45-10:15 Catholic Communion *8 10-3 Easter Brunch *7 Pianist Linda Smith 12:30-1:30 2:00 Movie & Popcorn *1 3:00 Tea & Crumpets *4 4:00 Sunday Vespers *8 "His Walk on Easter Sunday"</p>	<p>5</p> <p>9:30 Welcome Committee Meets *2 10-10:30 Stretch Class *1 1-2 Yoga *1 3:00 Tea & Crumpets *4 3:30 Police Dog "Kai" *4 7:00 Carol Burnett Shows *1</p>	<p>6</p> <p>10-10:45 Group Training Class *1 10:30 Bus Downtown L.O. Loop 11:30 Flower Arranging *2 1:30-2:30 Make Potpourri ~ AL (sign-up) 1:30 Fred Meyer (sign-up) 2:30 Photo Journaling *2 3:00 Tea & Crumpets *4 4:00 Bible Study *8</p>	<p>7</p> <p>10-10:30 Stretch Class* 10:30-11 Line Dancing*1 1:15 Salt Grotto + Lovejoy Bakery (sign-up) 3:00 Tea & Crumpets *4 3:45-4:45 Stafford Choir *1 4:30-5:30 Cocktail Hour *3 7:00 Movie *1</p>	<p>8</p> <p>10-10:45 Group Training Class *1 11-12 Creative Writing *2 12:45-1:30 Tai Chi *1 1:00 Open Bridge *9 3:00 Tea & Crumpets *4 3:00 Lakeridge "Company" *1 3:30 Town Hall Coffee*1 (Guest Tom Wentz Ore. Symphony) 7:00 Cookies & Milk by the fire 7:00 Musical Theater Thursday *1</p>	<p>9</p> <p>10-10:30 Stretch Class *1 10:30-1:00 Chair Massage (sign-up) 11:00-1:00 Watercolor Class *2 1:15 Bingo ~ AL 2-4 Create Elegant Greeting Cards *2 Theme: "Springtime" (sign-up) 3:00 Tea & Crumpets *4 7:00 Movie *1</p>	<p>10</p> <p>10-2 Saturday Brunch *7 10:00 Game of Pool *9 10-11 "Safe on Your Feet" *1 12:00 New Residents Luncheon (Welcome Comm. will contact you) 2:00 Movie & Popcorn *1 3:00 Tea & Crumpets *4 6:15 Roslana Lazar Piano Concert Oswego Pointe ~ (sign-up)</p>
<p>11</p> <p>9:45-10:15 Catholic Communion *8 10-2 Sunday Brunch *7 2:00 Movie & Popcorn *1 3:00 Tea & Crumpets *4 4:00 Sunday Vespers *8</p>	<p>12</p> <p>10-10:30 Stretch Class *1 1-2 Yoga *1 3:00 Tea & Crumpets *4 3:30 Police Dog "Kai" *4 4:00 Poetry & Readings *1 Theme: "Memories of Youth" 7:00 Carol Burnett Shows *1</p>	<p>13</p> <p>10-2 Fenwick Hearing Clinic (sign-up) 10-10:45 Group Training Class *1 10:30 Bus Downtown L.O. Loop 11:30 Flower Arranging *2 1:30 Costco/Target (sign-up) 2:30 Photo Journaling *2 3:00 Tea & Crumpets *4 4:00 Bible Study *8</p>	<p>14</p> <p>10-10:30 Stretch Class *1 10:30-11 Line Dancing *1 11:00 Columbia Gorge Hotel lunch (sign-up) 3:00 Tea & Crumpets *4 3:45-4:45 Stafford Choir *1 4:30-5:30 Cocktail Hour *3 7:00 Movie *1</p>	<p>15</p> <p>10-10:45 Group Training Class *1 10:30 Catholic Mass *8 11-12 Creative Writing*2 12:45-1:30 Tai Chi *1 1:00 Open Bridge *9 6:00 Another View Artists Group *2 7:00 Musical Theater Thursday *1</p>	<p>16</p> <p>10-10:30 Stretch Class *1 10:30-1:00 Chair Massage (sign-up) 11:30 Spring Kids Concert *1 "Tribute to Disney" 11-1 Watercolor Class *2 1:15 Bingo ~ AL 1:30-3:30 Watercolor Society of Ore.*1 3:00 Tea & Crumpets *4</p>	<p>17</p> <p>10-2 Saturday Brunch *7 10:00 Game of Pool *9 10-11 "Safe on Your Feet" *1 2:00 Movie & Popcorn *1 3:00 Tea & Crumpets *4</p>
<p>18</p> <p>9:45-10:15 Catholic Communion *8 10-2 Sunday Brunch *7 2:00 Movie & Popcorn *1 2:00 Pops Concert (pre-purchased) "Fabulous Forties" 3:00 Tea & Crumpets *4 4:00 Sunday Vespers *8</p>	<p>19</p> <p>10-10:30 Stretch Class *1 1-2 Yoga *1 3:00 Tea & Crumpets *4 3:00 Residents Food Committee *7 3:30 Police Dog "Kai" *4 7:00 "MelloMacs Choir" *1 Multnomah Athletic Club Choir</p>	<p>20</p> <p>10-10:45 Group Training Class *1 10:30 Downtown L.O. Loop 11:30 Flower Arranging *2 1:30 Wa. Square (sign-up) 2:30 Photo Journaling *2 3:00 Tea & Crumpets *4 4:00 Bible Study *8 5:30 April Birthday Dinner! *7</p>	<p>21</p> <p>10-10:30 Stretch Class *1 10:30-11 Line Dancing *1 1:15 The Perfume House (sign-up) 3:00 Tea & Crumpets *4 3:45-4:45 Stafford Choir *1 4:30-5:30 Cocktail Hour *3 7:00 Movie *1</p>	<p>22</p> <p>10-10:45 Group Training Class *1 11-12 Creative Writing*2 12:45-1:30 Tai Chi *1 1:00 Open Bridge *9 3:00 Tea & Crumpets *4 7:00 Cookies & Milk by the fire 7:00 Musical Theater Thursday *1</p>	<p>23</p> <p>10-10:30 Stretch Class *1 10:30 Chair Massage (sign-up) 11-1 Watercolor Class *2 1:15 Bingo ~ AL 3:00 Tea & Crumpets *4 7:00 Movie *1</p>	<p>24</p> <p>10-2 Saturday Brunch *7 10:00 Game of Pool *9 10-11 "Safe on Your Feet" *1 2:00 Movie & Popcorn *1 3:00 Tea & Crumpets *4</p>
<p>25</p> <p>9:45-10:15 Catholic Communion *8 10-2 Sunday Brunch *7 2:00 Movie & Popcorn *1 3:00 Tea & Crumpets *4 4:00 Sunday Vespers *8</p>	<p>26</p> <p>10-10:30 Stretch Class *1 1-2 Yoga *1 3:00 Tea & Crumpets *4 3:30 Police Dog "Kai" *4 7:00 Carol Burnett Shows *1</p>	<p>27</p> <p>10-10:45 Group Training Class *1 10:30 Downtown L.O. Loop 11:30 Flower Arranging *2 1:30 Trader Joes (sign-up) 2:30 Photo Journaling *2 3:00 Tea & Crumpets *4 4:00 Bible Study *8</p>	<p>28</p> <p>10-10:30 Stretch Class *1 10:30-11 Line Dancing *1 9:30 Oak Tree for Breakfast + Hulga Klager Lilac Gardens (sign-up) 3:00 Tea & Crumpets *4 3:45-4:45 Stafford Choir *1 4:30-5:30 Cocktail Hour *3 7:00 Movie *1</p>	<p>29</p> <p>10-10:45 Group Training Class *1 11-12 Creative Writing*2 12:45-1:30 Tai Chi *1 1:00 Open Bridge *9 3:00 Tea & Crumpets *4 7:00 Cookies & Milk by the fire 7:00 Musical Theater Thursday *1</p>	<p>30</p> <p>10-10:30 Stretch Class *1 10:30 Chair Massage (sign-up) 11-1 Watercolor Class *2 1:30 Bunko Game *9 (sign-up) 1:15 Bingo ~ AL 3:00 Tea & Crumpets *4 4:30-Artisit Reception with Pianist John Nilsen ~ lobby area 7:00 Movie *1</p>	<p>The calendar is subject to change without prior notice. We apologize for any inconvenience.</p>